

DSM-IV ON BIPOLAR DISORDER

Clinical Disorders (Axis I): Mood Disorders

Bipolar I Disorder:

- one or more Manic Episodes or Mixed Episodes
- often one or more Major Depressive Episodes
- mania more predominant
- tremendous energy in between episodes
- genetic predisposition

Bipolar II Disorder:

- one or more Major Depressive Episodes
- at least one Hypomanic Episode
- harsh depressions with creative high moods
- first degree biological relatives have higher rates of BPII

Cyclothymic Disorder:

- milder form with chronic, unpredictable changes in mood
- for at least 2 years in adults/one year in children & teens
- hypomanic symptoms/depressive symptoms do not
□meet the criteria for a Mood Episode

Bipolar Disorder Not Otherwise Specified: bipolar features with inadequate information to meet the criteria

Mood Disorder Due to a General Medical Condition:
e.g. thyroid imbalance

Substance-Induced Mood Disorder: mood disturbance due to a drug of abuse, medication or toxin exposure

American Psychiatric Association. (1994).