

DSM-IV COMMON CRITERIA OF MOOD EPISODES (3 of 3)

Mixed Episode:

- criteria met both for Manic Episode and Major Depressive Episode except for duration (nearly every day for at least 1-week)

Hypomanic Episode:

- abnormally and persistently elevated, expansive or irritable mood lasting at least for four days
- accompanied by three (or more) other Manic Episode symptoms.
- a predictable indicator is the decreased need for sleep
- not severe enough to cause “marked impairment in social or occupational functioning.”